



**NHS**  
Southwark  
Clinical Commissioning Group

*Southwark*  
Council

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Marina House and the Drug & Alcohol Policy Framework  
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## Public Consultation on the Restructuring of Drug and Alcohol Services in Southwark

- Led by NHS Southwark on behalf of the DAAT Partnership with full involvement of SLaM - ended 15.1.10
- Context of a broader partnership model of drug and alcohol treatment delivery
- Led to the consolidation of the two sites providing specialist treatment services by SLAM to Blackfriars Road site in the north of the borough

## Access and Assessment of Clients

- All clients were reassessed in light of the changes to ensure their needs were met
- A range of alternative access methods were developed including voluntary sector, outreach and primary care
- Examples include the specialist treatment services at Evolve, Badsworth Road and Rise, and outreach at Joe Richards House (supported housing) in Peckham
- Movement of treatment to GPs with support from specialist services

# Integrated Offender Management Service

- Following the consultation, SLaM and IOM partners worked for 18 months to develop plans to deliver offender related services from Marina House
- The consultation highlighted that there were a number of logistical and practical issues that would need to be resolved for this proposal to proceed.
- Despite discussions, the practical and logistical issues could not be resolved between the partners and the IOM was sited elsewhere.

## Outcomes following the consultation

- A move away from specialist services to primary care
- A partnership of providers set up to work across the borough – STARP – to improve pathways and outcomes - 2<sup>nd</sup> stage remodel of treatment system
- Refurbishment of Blackfriars Road site
- Single assessment form and processes implemented
- Performance outcomes for individuals have improved
- Flexibility to respond to changing need such as aging opiate population and emerging drug trends such as party drugs
- Multiple access points and reduced waiting times
- Economies of scale arose from having one site
- Sunday service run by users, for users

# Substance Misuse Contractual Arrangements and Governance

From 1<sup>st</sup> April 2013

- The substance misuse contractual elements with Blackfriars Road are managed as part of the wider mental health contract with SLaM by Southwark Clinical Commissioning Committee
  - The Local Authority are fully involved in contract monitoring and quality arrangements
  - The Council Substance Misuse Team will manage the service via a Section 75 Agreement with the CCG
  - Joint Commissioning Group and DAAT Board continue, representing a range of stakeholders
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- The Drug and Alcohol Team Board work to a number of local and national strategies (details of which can be found on the briefing attached)

## Services provided by Blackfriars Road

- Open access and assessment
- Complex case management for drugs and alcohol users, including physical and psychological health interventions
- Outreach
- Specialist clinical support to other borough treatment services in Southwark
- Planned patient moves to primary care

## Services in Marina House

- *Covenant on Marina House restricting use to research, training, education and services directly relating to substance misuse*

### Frontline

- Smoking Cessation Service
- SLAM's Specialist Drug and Alcohol Outpatients

### Back Office

- Injectable Opiate Treatment has recently completed move to Blackfriars site, coordination of IOT remains
- Assurance functions providing the clinical and management support for all SLAM/s addiction services
- Management of addiction liaison services
- SLaM is currently scoping options for future use of Marina House



# GP Training in Southwark

- Good coverage of GPs trained in Part 1
- 10 GPs qualified in Part 2
- GPs who treat substance misusers have on-site support from an experienced drug worker
- 6-weekly supervision for GPs from a Consultant in Addiction and GP with Special Interest (GPSi)
- Primary Care Alcohol Nurse and Worker covering all practices through a hub system
- Comprehensive and responsive training package for GPs and pharmacists relating to other drugs and alcohol
- 2 GP practices in Camberwell – 30 patients, trained GPs, primary care worker attached to surgery

## User Involvement and Feedback

- Service User Council are part of the JCG and DAAT as stakeholders
- User involvement as part of consultation across services
- User Council formally consulted
- Individual users consulted as part of key work sessions
- Some anxiety from users about move from Marina House
- Consecutive positive feedback received from the Substance Misuse Service User Council
- On-going user involvement in service redesign

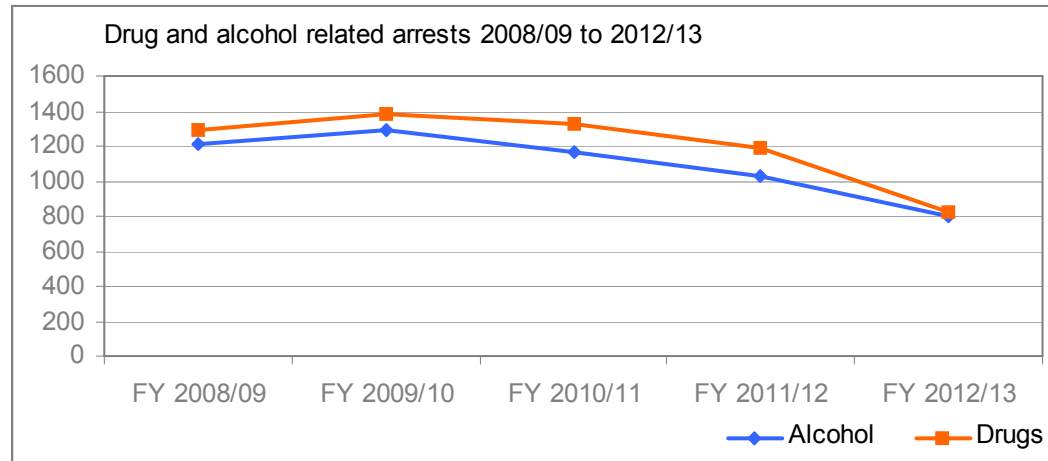
## Substance Misuse Needs Assessment

- Southwark Council have commissioned a full needs assessment – due for completion in October 2013
- Review of current services and identification of any gaps in services
- Focus groups, literature review, steering group
- Future commissioning will be linked to Needs Assessment

## Needs Assessment – Early Findings

- Drug related deaths. A significant reduction  
2009 – 11, 2010 – 10, 2011 – 7, 2012 -7
- Reduction in heroin and crack use nationally and locally
- Increase in use of other drugs including over the counter medications and ‘legal’ highs
- Strong partnership structures and clear pathways for service users
- Flexible, responsive system

## Needs Assessment-early findings continued



Since 2008/09 the number of alcohol related arrests has fallen by more than a third (-35%)

Since 2008/09 the number of drug-related arrests has fallen by more than a third (-36%)

Since 2008/09 drug and alcohol-related arrests have accounted for approximately 10% of all arrests – this proportion has remained consistent over the five year period (within a 2% variance)

The total number of arrests for all crimes in 2012/13 was 7030, of which:

11.3% (795) alcohol-related crime

11.7% (824) drugs-related crime

# Kings College Hospital ED (1)

## Patients presenting at Kings ED

- Kings are unable to accurately quantify the numbers presenting with drug and alcohol problems as these issues are often contributing factors to the main reason patients present to ED eg. seizure, fall, fractured jaw etc
- Kings are working with the addictions services at SLaM to introduce a new question about drugs and alcohol for the assessing nurse which will assist with data recording and analysis
- Alcohol remains a common problem with patients who attend most frequently to ED. Complex high attenders are case managed across multidisciplinary teams including mental health

## Kings College Hospital ED (2)

- A new post has been developed to work with frequent attenders of ED due to alcohol use
- A dedicated clinical nurse specialist post exists at Kings focusing mainly on the in-patient wards. SLaM has recently advertised for an additional dedicated specialist support worker specifically for Kings ED
- SLaM is working very closely with GSTT and Kings to develop high quality alcohol services
- Misuse of club drugs such as ketamine, GBL etc. are a growing problem that is being seen in Kings ED

## Kings College Hospital – MH Crisis room (1)

- In excess of 350 patients per month require a referral to the Psychiatric Liaison Service
- The mental health crisis room is a quiet private space away from the hustle and bustle of the main ED department
- The room is ligature free, has dual exits and is alarmed however patients assessed at high risk of causing harm to themselves or other would not be suitable to use this space
- The space is used almost exclusively by those patients experiencing a mental health crisis – some of whom also have a substance misuse issue
- A full risk assessment is undertaken of patients presenting with MH, and drug and alcohol problems



## Kings College MH Crisis Room (2)

- Kings do not provide access to repeat prescriptions. If someone was relapsing or in crisis, Kings see and treat accordingly which may include some PRN meds or others meds in an emergency
- Patients who are acutely intoxicated / under the influence of drugs would not be safe to use the MH crisis room as they will have an altered consciousness level and need close observation of their physical condition
- Those patients requiring emergency alcohol detoxification are transferred direct to AAU at Maudsley

## Next steps

- Needs Assessment completed October 2013
- Options for vacant bits of Marina House being considered
- A continuation of the work to build a system focussed on recovery and achieving better outcomes for the people of Southwark